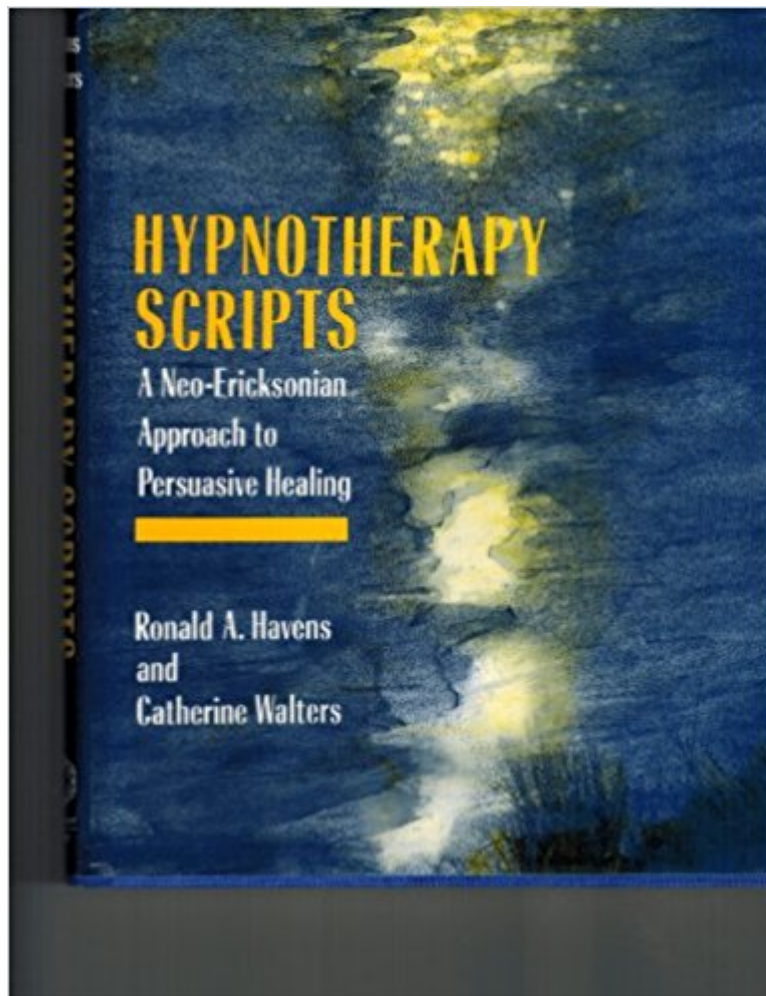




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Hypnotherapy Scripts: A Neo-Ericksonian Approach To Persuasive Healing



Synopsis

A concise presentation of ideas followed by a series of scripts for clinicians to borrow or modify for their own use. The scripts include metaphorical problem-solving and direct suggestion approaches and are organized by presenting problem, among them, depression, anxiety, phobias, sexual dysfunction

Book Information

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Customer Reviews

Great book on hypnotherapy. Explains how Erickson's theories are applied to the process. Gives detailed scripts.

Here's the book for all those who need to understand their client's "categories of prescription". A simple and concise method for indirect induction, and metaphor "scription". I liked this book a great deal, and have utilized many of the scripts verbatim! Keep this book handy as a reference no matter what your style of practice.

Unless I missed a link somewhere, the digital version doesn't include the audio tracks of the inductions included in the paper version. It's very frustrating and I don't think I would have bought the book had it been explicitly advertised...I'm rather disappointed, !

I use at least one of these scripts with every client that I have. In addition, the way the book is

organized into induction scripts, direct & metaphor scripts, and a termination script, allows you to select different inductions from your own work or from another script book and still use the direct and termination scripts in this book that others do not have. I have yet to find a termination script as useful as this one.

Requested gift

This book was very informative and has allowed me to better understand the methods involved to write my own personal scripts. The layout (two columns) for the actual scripts is a little strange to me but you get used to it. I recommend this book to those looking for script ideas or base knowledge.

As a local hypnotherapist in Utah with a practice I can say I have never once went wrong adding one of these scripts to various issues. When I awake the client and ask them what was the best part very often the metaphor from one of these is often part of that. There are many I really like and as I move to other books, I find the Erickson methods in this and other books to be some of the best and always aid me in creating my own (or kick starting my own). John Phillips, CH, M.Ht[...]

The authors present a simplistic notion of therapy and hypnosis. Their talk of "mini-minds" reminded me of the movie Austin Powers. You won't find sophisticated theory here, but there is much of practical value. This book is definitely worth owning as a reference manual, but it is overpriced for what you get.

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